

Friends of Leacroft

---Spring 2026 NEWSLETTER---

|The voice of Leacroft Medical Practice's Patients|

Upcoming Activities & Events

Spring is here and Friends of Leacroft has a range of friendly activities for everyone to enjoy. It's a great opportunity to get outside, meet others, and enjoy time together. In addition to our regular activities, we are holding two special events: an Open Day and a Day Trip to Brighton. These two events are not to be missed! Mark your calendar and come along to any of our events or activities. **Everyone is welcome!**

Visit our website for the latest information: www.friendsofleacroft.org



Weekly Stroll

Weather permitting –
Every Thursday
Meet outside the Surgery.
Join our friendly walking group for a gentle stroll around the neighbourhood, followed by a cuppa.



Brighton Day Trip - Tue 16 June 2026

Join us for a relaxing day out by the seaside! We'll take the train to Brighton and enjoy a stroll along the seafront or simply have our coffee on the beach. **(A contribution of £5 is required for this Trip.)**



Coffee Morning & Afternoon Tea

Coffee Morning - Every third Tuesday of the month at Leacroft Surgery.
Afternoon Tea - Every first Wednesday of the month at Revive Café, The Charis Centre, West Green RH11 7EB
Enjoy free coffee, tea, fruit, biscuits and friendly conversations, plus occasional Bingo or short health talks.

FoL Spring 2026 Schedule

Activity	Apr	May	Jun
Weekly Stroll (10:00am)	Every Thursday		
Coffee Morning (10:00am)	Tue 21 Apr 26	Tue 19 May 26	See Day Trip
Afternoon Tea (2:00pm)	Wed 01 Apr 26	Wed 06 May 26	Wed 03 Jun 26
Film Club (10:45am)	Sat 25 Apr 26 <i>Mission Impossible – The Final Reckoning</i>	Sat 30 May 26 <i>One Life</i>	Sat 27 Jun 26
FoL Open Day (May)	Tue 19 May 26 – All day event		
Day Trip to Brighton (Jun)	Coffee on the Brighton Beach Tue 16 Jun 26		



FoL Open Day 19 May 26

Friends of Leacroft would like to hear your views and suggestions about the services provided by Leacroft Medical Practice and how we can continue supporting patients. You are also welcome to learn more about our activities and how you may get involved.



Film Club

Come along and enjoy a great movie in good company. Free cakes, coffee and tea are provided during the screening.

All regular activities are free and open to patients of Leacroft Medical Practice; only the Brighton Trip is a one-off.

For more information, visit: www.friendsofleacroft.org or Email us: fol@friendsofleacroft.org